**Monday, Tuesday, Thursday & Friday**

Students should follow their usual timetable using the times below:

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| --- | --- |
| **Period 1**9:00-9:30 am | Access your online classroom space and complete tasks as requested |
| Break 30 min |
| **Period 2**10:00-10:30 am | Access your online classroom space and complete tasks as requested |
| Recess 30 min |
| **Period 3**11:00-11:30 am | Access your online classroom space and complete tasks as requested |
| Break 30 min |
| **Period 4**12:00-12:30 pm | Access your online classroom space and complete tasks as requested |
| Lunch 30 min |
| **Period 5**1:00-1:30 pm | Access your online classroom space and complete tasks as requested |
| Break 30 min |
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| **Weeks 1-2** |
| **Break Activities** |
| * Exercise/ wellbeing activities
* Brain Breaks
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| **2:00-3:00pm Afternoon Activities** |
| * Check emails/ class announcements on google classroom/ Teams
* Read a book
* Complete assessments
* Catch up on homework or outstanding work
* Communicate with teachers
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**Wednesday**

Students should follow their usual timetable using the times below:

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| --- | --- |
| **Period 1**9:00-9:30 am | Access your online classroom space and complete tasks as requested |
| Break 30 min |
| **Period 2**10:00-10:30 am | Access your online classroom space and complete tasks as requested |
| Recess 30 min |
| **Period 3**11:00-11:30 am | Access your online classroom space and complete tasks as requested |
| Lunch 60 min |
| **Sport** 12:30-2:30 pm | * Exercise/Wellbeing activities
* Check emails/ class announcements on google classroom/ Teams
* Read a book
* Complete assessments
* Catch up on homework or outstanding work
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